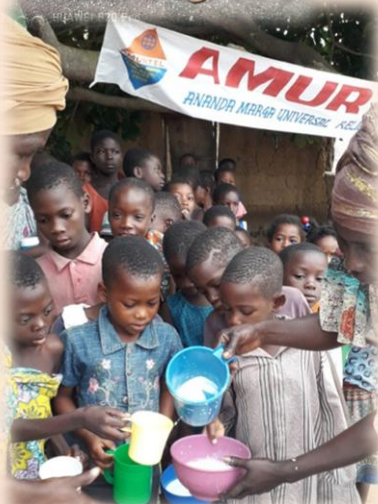




HAPPY  
NEW  
YEAR



W.W.D. West Africa  
2019 - 2020  
achievements



*"This is not the time for laziness; rather it is the time for intense activity. Let every moment of your valuable time be used properly."*

*P.R. Sarkar*





Pictured in the right Milk distribution at Volta Region



# W.W.D. West Africa

NEWS LETTER 2019-2020

W.W.D. Office - POBOX 13492, Accra- GHANA

Tel : +233 54 17 90 627

e-mail: [didigayatri@yahoo.com](mailto:didigayatri@yahoo.com)

[www.lotuschildrencenter.yolasite.com](http://www.lotuschildrencenter.yolasite.com)

Pictured above Mass Feeding at Ejura, Kumasi. Pictured below: Food Distribution in Accra Region

WWD stands for Women Welfare Dept, and has several branches



AMURT/EL - (Ananda Marga Universal Relief Team Ladies):

*" We stand to create a powerful, dynamic and up surging social consciousness specially amongst women, so they are inspired to rise, awake, abolish dogma and annihilate all symbols of slavery and usher in a new era of coordinated cooperation and glorious achievement"*

*P.R. Sarkar*





AMURT/EL distributed clothes in various occasions at the poverty-stricken villages of Adekpe and Mafi-Zongo in the Volta Region. At Ejura in the Asante Region, where we have a Eco-village with school and Children Home, all the children in the project

were benefited by a clothes distribution. **Thanks to DA ROCHA Foundation** for donating clothes in good conditions.



AMURTEL has twice distributed milk to 70 malnourished children at Mafizongo, Volta Region.

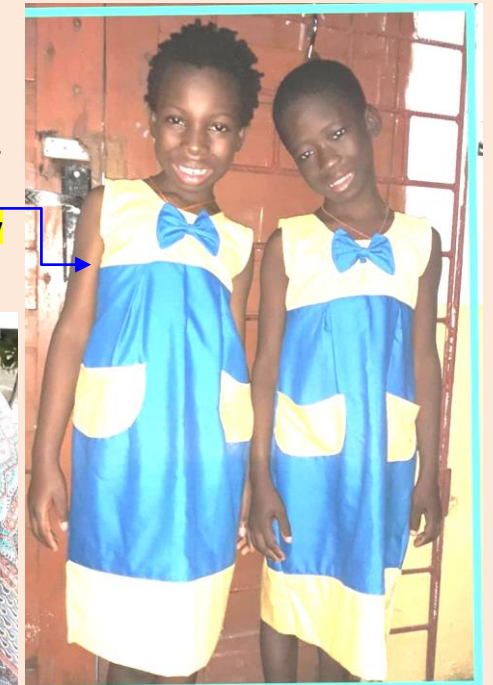
AMURT/EL has organized Mass Feeding regularly at our medical unit Akwakwaa in Central Region. We use vegetables with soya to make the meals nutritious and healthy for the children, 380 people are benefited.



Pictured Mass feeding, distribution of milk and clothes programs



In our children home at Accra, AMURT/EL has looked after the on-going up keeping of 2 orphan girls from economically deprived families, since they were 2 years old. This year the girls have completed 10 years. **Thanks to the financial support of AMURT ITALY** we could keep them healthy by fulfilling their basic needs of nourishment, education, clothing & medical care.

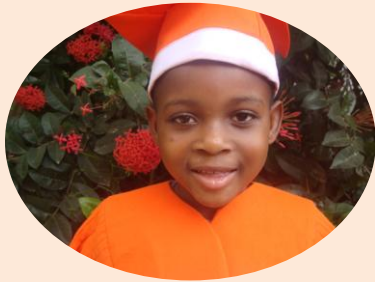


Pictured above our Children Home

## EDUCATIONAL PROJECTS

Our **Lotus Children Center** offers high quality of early childhood education at a very low cost in Soko, in the suburb of Greater Accra, Ghana. In this community there is lack of security and even primary needs of life such as sanitation. Many of the parents struggle each day to take their kids to the school. Most of parents are financially constrained and daily needs of life come just in dreams.

Many are the difficulties we face to keep the school running, mainly one being the meager capacity of offering the teachers a comfortable remuneration for their hard work. However, the smiles of the kids along improvement of their physical and mental wellbeing give us much inspiration to keep working and plan the best for them. You can feel their love and how they are open to learn from every simple activity you share.



We are fully engaged in developing a basic knowledge on Mathematics, English language & Intensive Reading, as well to give the pupils a sense of morality so that they can become good leaders and be able to break the cycle of poverty in which they live. Thus our center has an impact which has become an asset to change the whole environment through the young generation.

Teachers are from the same community, thus we constantly build them to develop their skills. Through constant guidance they gradually develop more and more sense of responsibility. By exposing the staff to new ideas at our teacher's training helps them to have an opened mind, benefiting not only the Center but also the community.

The center has been working to expand to a primary school in another community. During 7 years we are struggling to conclude the new building which is called **"Path of Joy School and Library"** to keep growing and be able to help more kids and be-by-their side through their education process. At moment greater part of the ground floor is completed so the Library is already active. Our children are the future, so let more and more of them have access to read books and expand their minds.

A lot of obstacles have been delaying the conclusion of the new school such as lack of economic and human resources. We are looking for sponsors that want to help us to plant the seed of change in Ghana. The school is not just going to open a lot of doors for an integral education of the children in that particular community but also for unsheltered children whose family is unable to assist through cheap hostel and children home.

**We are calling on donors to come and support this noble dream.**

**FOR FINANCIAL SUPPORT OR DONATIONS IN KIND PLEASE CONTACT:**

Didi Ananda Gunamaya' on Email : [didigayatri@yahoo.com](mailto:didigayatri@yahoo.com)

Account Name : AMURTEL

Account Number : 03 048 3815441

Branch : Accra High Street

Swift Code : BARCGHAC







## NEWS FROM PATH OF JOY Children Center – Central Region of Ghana

In Central Region of Ghana, at the community of Opei Kuma (near Kasoa), our library imparts free classes to kids aged 4-17 years old. Children have benefited from Circle Reading and English work books activities on weekdays after school. On Saturdays our schedule is full with activities such as storytelling, writing, coloring and reading.

During the school holidays there are special classes like drumming, dancing, art classes and gardening. During the week many drop-out kids come to participate in or learning.

**VOLUNTEERS ARE MOST WELCOME!**

**DA ROCHA FOUNDATION** has donated children's books and learning materials



\*\*\*\*\*

## NEWS FROM LOTUS CHILDREN CENTER– Greater Accra Region



We have been running for 30 years a non-profit education project for young children at Soko, Laterbiokoshie.

In our classes of Science and social conduct, children learn to take good care of the environment in which they live. Children learn to recycle their garbage (used bottles, old boxes, finished T-roll and other pieces of materials).

**Ariana**, a volunteer from Costa Rica introduced creative methods for the young kids learn phonetics reading easier and joyfully.



We also organized a show on healthy food (less sugar, less meat, less oil, more vegetables, no fish/meat) for the parents.



*"This is not the time for laziness; rather it is the time for intense activity. Let every moment of your valuable time be used properly."* **P.R.Sarkar**





## FEEDBACK ON THE DONATIONS FOR Path of Joy Children Center

Thanks to donation from margis 3 attainments were possible:

1. Finally we raised the fence wall and plastered its internal walls.
2. A veranda was built to protect windows and doors of library from the rain.
3. The office was built.



Funds were raised on the auspicious occasion of the baby naming ceremony of Cristina and Lokanath from Rome which enable us to fix a grill around the fence wall.

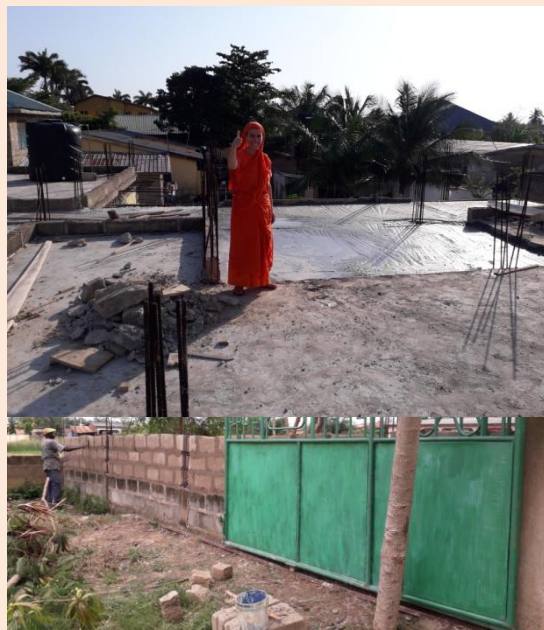
We were able to do the finishing of the office with the balance remaining from Rome along the funds from book seeling donated by margis from Congo.

*Thank you on behalf of all the people who benefits and will benefit of this new children center.*

*Didi Ananda Gunamaya*



Pictured: veranda and office construction, fence wall and new gate



# FINANCIAL REPORT OF CONSTRUCTION

BILL 1:		
<u>2019</u>	<u>A VERANDA BUILDING</u>	-
<u>GHS</u>	<u>Items</u>	-
600	Sand	
1500	Stone chips	
560	Cement	
1500	Wood and nails	
4300	Iron roads	
200	Steel Bender	
1500	Carpenter work	
300	Mixer machine	
130	Electrician work	
380	Masons	
<u>10970</u>	<u>TOTAL</u>	

BILL 2:		
<u>2019</u>	<u>OFFICE BUILDING</u>	-
<u>GHS</u>	<u>Items</u>	
2000	Iron roads	
500	Mason	
100	window and locks	
70	Blocks	
350	Supervision	
450	Carpentry	
200	Electrician labour	
800	Filling ceiling	
1200	Electrical materials	
<u>6170</u>	<u>TOTAL</u>	

BILL 3:		
<u>2020</u>	<u>RAISING FENCE WALL</u>	-
<u>GHS</u>	<u>Items</u>	
1820	800 Pieces of blocks	
720	Cement	

1800	Mason	
300	Whell barrow	
600	supervisor work	
270	Transportation supervisor	
<u>5510</u>	<u>TOTAL</u>	

BILL 4:		
<u>2020</u>	<u>FENCE WALL, ITS PILLARS &amp; PLASTERING</u>	
<u>GHS</u>	<u>Items</u>	
100	Nails for pillars	
300	Carpentry	
390	cement	
2150	Masons	
<u>2940</u>	<u>TOTAL</u>	

BILL 5:		
<u>2019</u>	<u>MISCELLANEOUS</u>	
<u>GHS</u>	<u>Items</u>	
150	3 Slab lids	
200	Pump repairing	
<u>350</u>	<u>TOTAL</u>	

BILL 6:		
<u>2019</u>	<u>FINISHING OFFICE</u>	
<u>GHS</u>	<u>Items</u>	
378	Electrical	
640	Sand	
222	cement	
600	mason	
300	Carpentry and supervision	
300	Window & door, Transport	
<u>2440</u>	<u>TOTAL</u>	

<b>INCOME</b>		
MARGI DONATION	26000	

<b>EXPENSE</b>		
10970	BILL 1	
6170	BILL 2	
5510	BILL 3	
2940	BILL 4	
350	BILL 5	
60	Transport	
<u>TOTAL EXPENSE</u>	<u>26000</u>	<u>GHS</u>

<b>INCOME</b>		
FUND RAISING FROM ROMA	6900	

FENCE WALL GRILLS FOR SECURITY		
<b>EXPENSE</b>		
5590	Grills	
350	Mason to fix them	
60	Transport	
<u>TOTAL EXPENSE</u>	<u>6000</u>	<u>GHS</u>

SELLING OF BOOKS		
<b>INCOME</b>	1540	
Above Rome	900	
GT		
<b>EXPENSE</b>		
2440	BILL 6	
<u>TOTAL EXPENSE</u>	<u>2440</u>	<u>GHS</u>

<u>Ending</u>	<u>Balance</u>	<u>NIL</u>
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Didi A'nanda Gunamaya'





## FEEDBACK ON THE DONATIONS FOR

# LOTUS CHILDREN CENTER

### MANY THANKS TO STEPHANO AND ARIANA TO DONATE TO CENTER

These sympathizers kindly gave a donation after visiting our project. The amount was used to:

1. Install mosquito net doors in every classroom to prevent children be bitten by malaria mosquitoes.
2. Fix a ceiling in the kitchen to relieve from high temperatures
3. Paint part of the school (still on-going).
4. Make electrical renovations, and provide fans to the classrooms.
5. Do cleaning services in the septic tank of toilets.



### MANY THANKS TO AILE UNIVERSELLE TO PROVIDE SCHOLARSHIP FOR 12 CHILDREN

### WHO WERE OUT OF SCHOOL DUE TO ECONOMIC HARDSHIP

This project was started to integrate children who are not attending school in our Children Center. In this process, we have realized that one of the main reasons these kids did not go school were, besides the economic hardship, the lack of understanding of the value of education by the side of their parents. Although they got scholarship, some of the parents/guardians didn't bother to bring their children to school regularly. Therefore, we keep on advising them. Often parents neglected to look after their ward to the extent that we had to take care of basic things such as their ward's hygiene and health.



Thus it has much to do with education as poverty. We realized that the children whose parents are a little better economically are more regular at school and have better academic progress. Many of them have gotten prizes for good attendance and participation in class.

Pictured above: fixing of ceiling, painting. In the right: one of the mosquito's net doors.



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## PWSA – Progressive Women Association

### BURKINA FASO PWSA ACTIVITIES



Didi Ananda Riddhi has participated of a Conference on Health for young people at Ouagadougou. There Ananda Marga books on different subjects, such as nourishing diet which also lifts the mind (Sentient food), an ideal socio-economic system (PROUT), a philosophy which advocates a holistic approach to interact with others (Neohumanism) and others, were introduced to the public. She also demonstrated some yoga postures, the a'sanas. These ancient postures can cure many ailments and also help to one's keep a deep breathing and peaceful mind. Didi invited the youth present to join our yoga class and meditation activities at our AM Center.



Didi is also organizing regular programs on conscious diet with ladies.



### GHANA PWSA ACTIVITIES

Didi Ananda Gunamaya has given 2 talks in the Vibrant Vegan Association, one on “The importance of Meditation” and another on “Emancipation of the Woman”.

She also visited students in the University of Ghana to teach them KAOSIKII, a dance designed especially for strength the health of women (but also very beneficial to gentles).

**GHs** Didi also gave a talk on Meditation in a programm arranged by DADA for the Celebration of the Yoga Day.



*“ This is not the time for laziness; rather it is the time for intense activity. Let every moment of your valuable time be used properly.” P.R.Sarkar*